

# Black Isle



a *million miles* better

## Cycling Distances and Times

Transition Black Isle's **million miles** project aims to help local households find better ways to travel locally by improving access to public transport, increasing active travel and encouraging lift-sharing. Our aim is to reduce car travel on the Black Isle by 1% - approximately one million miles.



We have put together a chart of the **journey distances and times for cycling** between the main villages on the Black Isle and also to Dingwall and Inverness



Select your starting point and read down to your destination (e.g. the route from Conon Bridge to Munlochy is 9¼ miles and will take around 55 minutes to cycle)

Visit **[cyclestreets.net](http://cyclestreets.net)** and enter your journey's start and end points to get specific times and distances

Avoch	Conon Bridge		Gromarty		Culbokie		Fortrose		Muir of Ord		Munlochy		North Kessock		Dingwall	Inverness
13¼ miles 1h20min																
12¼ miles 1h25min	25¼ miles 2h45min															
9 miles 1h05min	6½ miles 43min	14¼ miles 1h24min														
2 miles 14min	17½ miles 1h48min	9½ miles 1h06min	9½ miles 57min													
14 miles 1h25min	4½ miles 31min	24¼ miles 2h30min	8¼ miles 44min	15¾ miles 1h37min												
4¼ miles 25min	9¼ miles 55min	16¾ miles 1h46min	5½ miles 31min	8½ miles 51min	10½ miles 1h01min											
10 miles 1h01min	10 miles 1h02min	22½ miles 2h15min	11¼ miles 1h07min	14¼ miles 1h27min	8½ miles 46min	6 miles 36min										
15¼ miles 1h32min	3¾ miles 23min	25½ miles 2h45min	8 miles 42min	17 miles 1h44min	8 miles 49min	11¼ miles 1h08min	12 miles 1h15min									
13¼ miles 1h21min	13¼ miles 1h23min	25¼ miles 2h45min	14½ miles 1h27min	17½ miles 1h48min	11¼ miles 1h08min	9¼ miles 57min	3¼ miles 22min	15¼ miles 1h36min								



**A few explanatory notes...** Routes calculated in April 2013 using [cyclestreets.net](http://cyclestreets.net), which sources data from [openstreetmap.org](http://openstreetmap.org) (distances and times may change as the open-source map is updated – become an editor and add local paths). Journey origin and destinations are approximate village centres and the train stations in Dingwall and Inverness. The balanced route option was selected (i.e. combination of the most direct journey and quietest route avoiding main roads). Journey times assume a cruising speed of 12mph and may vary between outward and return routes.



Find out more about how our project is helping people on the Black Isle travel better: visit our **website**, follow us on **Twitter** and like our **Facebook** page

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